

Avoiding Dairy Can Help Stop Acne

Contributed by Webmaster
Tuesday, 17 November 2009
Last Updated Tuesday, 17 November 2009

More info...

Acne is an inflammation disorder of the skin which leads to pimples, blackheads, and whiteheads. It can affect people of all ages, but acne outbreaks peak at 16 through 18 years of age. Approximately ...